

Errata

Pocket Guide to Eating Disorders Third Edition

An error has been found in the Explanation of Dietary Restrictions box on page 177.

Location	Excludes	Includes
Under the heading Medical diets: Low FODMAP , the content in the Excludes and Includes columns were swapped. The corrected text should read as follows:	Wheat, onions, garlic, legumes, dairy products, honey, high-fructose corn syrup, sugar alcohols	Foods low in FODMAPs: Some fruits and vegetables, rice, oats, quinoa, corn, buckwheat, millet Lactose-free dairy Most meats and poultry, fish, seafood, eggs Most fats and oils

Thank you to those that brought this error to our attention. Please contact publications@eatright.org with any questions or concerns.

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November 2025