

Research

F O U R T H E D I T I O N

Instructor's Resource Manual



Academy of Nutrition and Dietetics

Academy of Nutrition and Dietetics
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Research: Successful Approaches in Nutrition and Dietetics, Fourth Edition—Instructor’s Resource Manual

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Introduction

This Instructor’s Resource Manual was designed to complement the fourth edition of *Research: Successful Approaches in Nutrition and Dietetics*, which may be used as an upper-level undergraduate or graduate-level dietetics research methods course textbook. The textbook and manual are organized into 30 chapters that span 10 major sections. This manual was developed by dietetics educators and researchers to assist course instructors with content delivery and assessment.

RESEARCH COMPETENCIES AND PERFORMANCE INDICATORS

This manual may be used by dietetics program faculty and course instructors to develop competency-based course plans for nutrition and dietetics research courses. This manual includes a variety of learning activities that may be used to conduct both *formative* evaluations (ie, those that promote and evaluate student learning) and *summative* evaluations (ie, those that evaluate student learning following completion of a chapter/section). These evaluations may be used to assess student achievement on required dietetics education competencies developed by the accrediting agency for dietetics programs, Accreditation Council for Education in Nutrition and Dietetics (ACEND).

ACEND competencies (2017) most closely related to research for Future Education Model Bachelor’s and Graduate Degree programs are listed in **Appendix A** and **Appendix B**, respectively. Learning activities that may be used to evaluate student achievement of competencies are provided. Multiple learning activities are listed for most competencies, which will allow instructors to select activities most appropriate for their course. This manual may be used in upper-level undergraduate or graduate-level nutrition research courses; examples of both graduate- and undergraduate-level learning activities are provided.

LEARNING ACTIVITIES

Each chapter in this manual includes chapter learning objectives, five to seven quiz questions (with correct responses), and two to three class discussion topics.

Instructors could use the chapter quizzes in two ways. First, quizzes could be used as a readiness assessment test (RAT) at the beginning of a class period to assess student knowledge and comprehension of the reading material after students have completed assigned chapter readings prior to attending class. In this way, the RAT can be used as an in-class learning activity, during which RAT questions and answers are discussed (ie, formative assessment). This is consistent with a “flipped classroom” learning approach. Alternatively, the quizzes could be used to assess student knowledge following completion of each chapter (as a summative evaluation). Each section in this manual includes a student assignment, which may be used as a more extensive summative evaluation of student knowledge and application.

POWERPOINT SLIDES

Slides and instructor notes are provided for each book chapter. Each slide set follows the sequence of content delivered in each chapter and concludes with a summary of key points. Slides and accompanying notes may be customized to fit course needs.

HANDOUTS

Handouts with the quiz questions and section assignments are included in separate Microsoft Word documents. These files can be customized to fit course needs.

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Contents

Section 1: An Introduction to Discovery Through Research in Nutrition and Dietetics

CHAPTER 1

Advancing the Research Continuum 8

CHAPTER 2

Building the Research Foundation: The Research Question and Study Design 10

Section 1 Assignment: Clinical Research Article Critique 12

Section 2: Establishing and Maintaining a Research Environment

CHAPTER 3

Conducting and Presenting Research Ethically 14

CHAPTER 4

How to Write Proposals and Obtain Funding 16

Section 2 Assignment: Research Ethics Requirements and Training 18

Section 3: Descriptive Research

CHAPTER 5

Descriptive Epidemiologic Research 20

CHAPTER 6

Qualitative Research 22

Section 3 Assignment: Nutrition Epidemiology Research-to-Practice Scenario 24

Section 4: Observational and Experimental Research

CHAPTER 7

Analytic Nutrition Epidemiology 25

CHAPTER 8

Guidelines for Developing and Implementing Clinical Nutrition Studies 27

CHAPTER 9

Nutrition Monitoring in the United States: Sources of Data and Their Uses 29

Section 4 Assignment: Epidemiological Research Article Critique 31

Section 5: Integrative and Translational Research

CHAPTER 10

Systematic Reviews: Backbone of Evidence-Based Practice 33

CHAPTER 11

Bridging Disciplinary Boundaries 34

Section 5 Assignment: Systematic Review Critique 38

Section 6: Evaluation and Assessment Methods in Research

CHAPTER 12

Survey Research Planning and Questionnaire Design 40

CHAPTER 13

Dietary Assessment Methods and Validation 42

CHAPTER 14

Food Composition Data and Databases 45

CHAPTER 15

Using the Dietary Reference Intakes to Assess Intakes 47

CHAPTER 16	
Biomarkers in Nutrition Research	49
CHAPTER 17	
Research Methods in Appetite Assessment	51
Section 6 Assignment: Nutrition Screening Tool Validation Research Article Critique	53

Section 7: Key Aspects of Research in Food, Nutrition, and Dietetics

CHAPTER 18	
Outcomes Research and Economic Analysis	55
CHAPTER 19	
Research in Diet and Human Genetics	59
CHAPTER 20	
Behavior Change Theory-Based Dietary Research	62
CHAPTER 21	
Research Methods for Dietary Supplementation Research	64
CHAPTER 22	
Research in Foodservice Management	67
CHAPTER 23	
Dietetics Education Research	71
Section 7 Assignment: Dietary Supplement Research- to-Practice Scenario	73

Section 8: Application of Statistical Analysis in Nutrition and Dietetics Research

CHAPTER 24	
Estimating Sample Size	75
CHAPTER 25	
Fundamentals of Statistical Applications	76
Section 8 Assignment: Research Editorial with Statistical Critique	81

Section 9: Presentation of Research Data

CHAPTER 26	
Techniques and Approaches for Presenting Research Findings	82
CHAPTER 27	
Illustrating the Results of Research	84
CHAPTER 28	
Research Publications: Perspectives of the Writer, Reviewer, and Reader	86
Section 9 Assignment: Journal Manuscript Review	88

Section 10: Applications of Research to Practice

CHAPTER 29	
Bridging Research into Practice	90
CHAPTER 30	
Community-Based Research with a Focus on Diet	92
Section 10 Assignment: Research-to-Practice Grant Proposal/Practice Scenario	94

Appendixes

APPENDIX A	
Future Education Model: Bachelor's Degree Research Competencies, Performance Indicators, and Learning Activities	96
APPENDIX B	
Future Education Model: Graduate Degree Research Competencies, Performance Indicators, and Learning Activities	98
APPENDIX C	
Evidence Analysis Library Article Quality Criteria Checklist	101
APPENDIX D	
Evidence Analysis Library: Quality Criteria Checklist for Review Articles	103