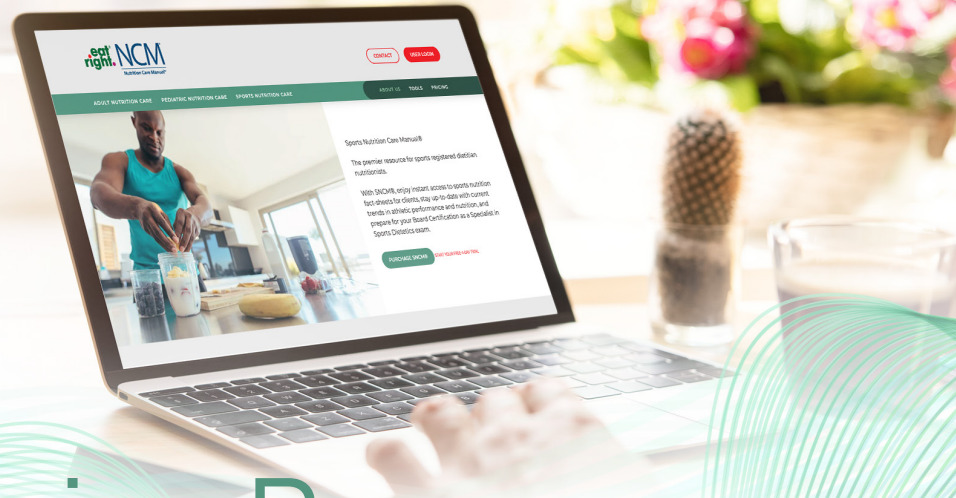


SNCM[®]

Sports Nutrition Care Manual[®]



The Premier Resource for Sports Registered Dietitian Nutritionists

With SNCM[®], enjoy instant access to sports nutrition fact sheets for clients, stay up-to-date with current trends in athletic performance and nutrition, and prepare for your Board Certification as a Specialist in Sports Dietetics exam.



Features

- **Research-based nutrition information** written by authors who are Board Certified as Specialists in Sports Dietetics (CSSDs).
- **Extensive Client Education library** of more than 90 handouts, with Spanish translations for the most popular topics.
- **Sports Nutrition Calculators** save you time and reduce errors by helping you accurately estimate calorie and hydration needs of your clients.
- Provides invaluable tips and guidance on becoming **Board Certified as a Specialist in Sports Dietetics (CSSD)**.
- **Comprehensive energy section** for essential information about energy systems, energy metabolism in sports, and nutrition-related fatigue in sports.



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— Brooke Lister, MPH, RDN, CD



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Contact

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Account Manager

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